

An Informational Overview from the Federation of State Medical Boards & National Board of Medical Examiners

December 2024

Topics

- What is USMLE?
- Why is USMLE important?
- How is USMLE governed?
- How is the exam developed?
- How is the pass/fail standard determined?
- What enhancements to USMLE are being explored?
- How can I get more information or data?



What is USMLE?



United States Medical Licensing Examination (USMLE)

- The USMLE is a jointly sponsored program of
 - Federation of State Medical Boards (FSMB)
 - National Board of Medical Examiners (NBME)





ECFMG/Intealth is a key collaborator





Introduction to USMLE

- Established in 1991... over 3 million test administered to date
- Single exam composed of 3 "Steps"
- Provides state boards with assessment of physician knowledge, clinical and communication skills
- As of 2023, 63% of all licensed physicians in the US have taken all or part of the USMLE sequence
 - 58% have taken all Steps (1, 2 and 3)
 - This is a 2% increase in both measures since 2022
- A required examination for graduates of accredited US medical schools granting MD degree, and all graduates of international medical schools
 - Open to students and graduates of accredited osteopathic medical schools granting DO degree

USMLE:

A single three Step examination for initial medical licensure

- Assesses physician cognitive, clinical and communication skills
- Provides a national standard
- Assists medical boards in their public protection mission
- Facilitates license portability

Step 1

 MCQ test of foundational medical science

Step 2

 MCQ test of clinical knowledge and patientcentered skills

Step 3

 MCQs and clinical case simulations



Comparison of USMLE Components

			Step	o 2		
		Step 1	СК	CS*	Step 3	
Eligibility requirements		Medical student/graduate			MD or DOPass Steps 1 & 2GME**	
Test administration		 Offered year-round 4 attempt limit per Step Limited to 3 attempts within a 12-month period 4th attempt must be 12 months after first attempt & six months from most recent attempt 				
Test length (days)		1	1	1	2	
Format	MCQ items***	280	318		412	
	SP stations			12		
	CCS cases				13	

^{*} Discontinued January 2021; attempts and results still reported on official USMLE transcripts



^{**} GME recommended but not required

^{***} Approximate

Why is USMLE important?



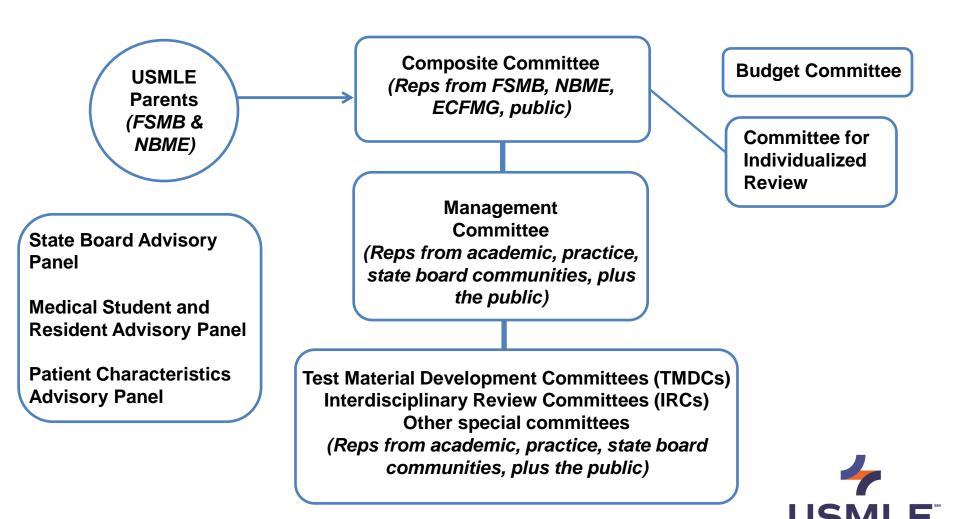
Users and Uses of USMLE Results

User	Step 1	Step 2	Step 3
Licensing Jurisdictions	Protecti Training		
ECFMG (International graduates only)	ECFMG Certification Entry into GME in the U.S.		
Medical Schools	9		
Residency Programs	Screening for Ranking of		
LCME	Accreditation (aggregated results)		
Examinees		4	

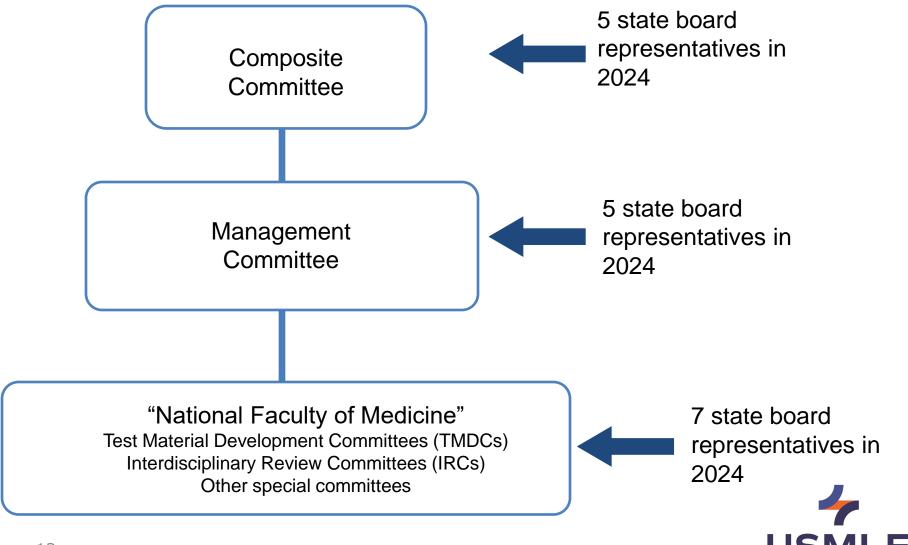
How is USMLE governed?



USMLE Committee Structure



USMLE Committee Structure



How is the exam developed?



Developing Content for USMLE

- Content is developed by a "national faculty" of physicians and scientists...
 - All volunteers
 - Drawn from the academic, licensing and practice communities
 - 400+ physicians representing specialties and expertise from across the country



USMLE Test Development

- All items and cases…
 - Are developed and reviewed by content experts
 - Pass through multiple levels of review
 - Are pre-tested prior to use as live (scored) material
- Each Step…
 - Uses multiple test forms
 - Has thousands of items (or hundreds of cases) in the test pool



How is the pass/fail standard determined?



Standard Setting (minimum passing score)

- USMLE uses an "absolute" standard
 - A minimum level of demonstrated proficiency for examinees is established in advance; there is no 'curve' applied
- Set by the USMLE Management Committee
- Reviewed approximately every 4 years



Standard Setting (cont'd)

- Management Committee reviews information
 & data from variety of sources
 - Results from standard setting exercises involving panels of physician experts unaffiliated with USMLE
 - Survey input from state boards, deans, faculty, students
 - Trends in examinee performance
 - Data on reliability of scores



How can I get more information or data?



USMLE Website

https://www.usmle.org/usmle-updates-research

- Performance Data
- Score Interpretation Guidelines
- Research & USMLE-related publications

https://www.usmle.org/what-to-know/exam-security-fairness

Irregular Behavior

https://www.usmle.org/common-questions

FAQs



Other Informational Resources

- Quarterly FSMB Update on USMLE
- Extensive research on USMLE has been published in professional, peer-review journals such as Academic Medicine
- FSMB webinars on topics such as.....
 - USMLE scoring
 - Annotating for irregular behavior
 - Communication with state boards
- FSMB publications
 - Journal of Medical Regulation (pictured), eNews, NewsLine





USMLE on Social Media







facebook.com/usmle/



• x.com/theusmle

Key Contacts

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